

2016 Go Spring! Trail Run  
 St Paul, MN  
 May 7, 2016  
 5K -- Official Results

Place	Div/Tot	No.	Name	Age	Sex	City	St	Time	Pace
1	1/8	337	Derek Brandt	24	M	South St. Paul		20:47	6:42
2	1/21	208	Sarah Bartholomew	24	F	Edina	MN	21:39	6:59
3	1/12	262	Kurt Oborn	34	M	Eagan	MN	21:45	7:00
4	1/7	345	Charlie Grabeon	14	M	Minneapolis		22:48	7:21
5	2/7	339	Justin Hill	19	M	Sioux City		23:13	7:29
6	1/7	298	Jack Ward	11	M	Edina	MN	23:17	7:30
7	1/17	265	Katherine Phalen	32	F	Minneapolis	MN	23:49	7:40
8	3/7	221	Alexander Cross	18	M	Ramsey	MN	23:55	7:42
9	1/6	251	Christian Lenhart	45	M	St. Paul	MN	23:58	7:43
10	2/12	258	Erik Miller	32	M	Minneapolis	MN	24:04	7:45
11	2/21	324	Megan Smaby	25	F	Minneapolis		24:10	7:47
12	2/8	321	Colton Rischer	20	M	Andover		24:17	7:49
13	1/11	266	Patty Pitera	50	F	Woodbury	MN	24:33	7:55
14	2/6	299	Jim Ward	41	M	Edina	MN	25:09	8:06
15	3/12	283	Jon Saverda	31	M	Minneapolis	MN	25:33	8:14
16	4/7	344	Victor Morales	13	M	Minneapolis		25:40	8:16
17	3/6	224	Jon Erickson	46	M	Hudson	WI	25:45	8:18
18	3/21	248	Jackie Lafleur	28	F	Woodbury	MN	26:30	8:32
19	5/7	340	Henri Nguyen	14	M	Savage		26:50	8:39
20	6/7	342	Tome Vang	14	M	Minneapolis		26:56	8:40
21	4/12	277	Nathan Rudlong	37	M	Pine Island	MN	27:14	8:46
22	1/4	243	Bruce Jenkinson	58	M	Minneapolis	MN	27:20	8:48
23	2/11	225	Margaret Frank	57	F	St. Paul	MN	27:25	8:50
24	4/21	306	Claire Wilhelm	24	F	Arlington	VA	27:31	8:52
25	2/17	239	Juliana Hoffman	34	F	Columbia Heights	MN	27:34	8:53
26	5/21	335	Dana Banitt	27	F	St. Paul	MN	27:35	8:53
27	3/8	336	Sean Kelsey	29	M	South St. Paul		27:36	8:53
28	5/12	278	Adam Ruhland	31	M	St Paul	MN	27:40	8:55
29	6/12	291	Jason Tanzman	32	M	Minneapolis	MN	27:50	8:58
30	4/6	242	Joseph Imholte	41	M	Saint Paul	MN	27:56	9:00
31	3/17	223	Jayne Driscoll	31	F	Savage	MN	28:19	9:07
32	6/21	284	Sarah Schaefer	26	F	Minneapolis	MN	28:25	9:09
33	7/21	226	Jessica Goettl	25	F	Sartell	MN	28:25	9:09
34	7/12	310	Brandon Wood	32	M	Saint Paul	MN	28:49	9:17
35	2/4	207	Jim Bartholomew	57	M	Edina	MN	29:01	9:21
36	8/21	297	Michelle Wanek	21	F	Minneapolis	MN	29:17	9:26
37	9/21	257	Laura Messman	22	F	Minneapolis	MN	29:51	9:37
38	3/4	232	Mike Hecker	58	M	Ham Lake	MN	30:15	9:44
39	4/8	312	Brett Young	25	M	Sartell	MN	30:21	9:46
40	10/21	238	Rebekah Hickey	22	F	Monticello	MN	30:46	9:55
41	1/4	205	Beth Amaha	14	F	Minneapolis	MN	31:15	10:04
42	4/17	273	Adeline Riley	30	F	Roseville	MN	31:46	10:14
43	11/21	222	Alysa Cross	21	F	Ramsey	MN	31:49	10:15
44	1/12	252	Michele Lester	47	F	Woodbury	MN	32:06	10:20
45	5/6	246	Bryan Koemptgen	48	M	Maplewood	MN	32:06	10:20
46	12/21	214	Alexandra Carlson	27	F	Saint Paul	MN	32:18	10:24
47	8/12	322	Brad Simon	32	M	St. Paul		32:22	10:25
48	1/1	296	Clint Wanek	70	M	Bismarck	ND	32:24	10:26
49	5/17	279	Katie Ruhland	31	F	St Paul	MN	32:26	10:27
50	13/21	229	Sydney Grossman	20	F	Northfield	MN	32:29	10:28
51	3/11	334	Debra Stickney	54	F	Woodbury		32:31	10:28
52	14/21	313	Lauren Zimbelman	28	F	Saint Paul	MN	32:32	10:29
53	4/11	330	Gretchen Poffenberger	53	F	Stillwater		33:00	10:38
54	9/12	281	Corey Sass	32	M	Saint Paul	MN	33:20	10:44
55	15/21	234	Jennifer Herbert	26	F	South St Paul	MN	33:25	10:46
56	5/11	212	Ann Brownlee	55	F	Stillwater	MN	33:27	10:46
57	6/17	275	Emily Robinson	36	F	Minneapolis	MN	33:28	10:47
58	16/21	289	Michelle Straley	29	F	Oakdale	MN	33:33	10:48
59	7/17	269	Jamie Radloff	32	F	Saint Paul	MN	33:33	10:48
60	2/7	328	Lebron Wreh	11	M	Minneapolis		33:33	10:48
61	3/7	320	Davon Perkins	11	M	Minneapolis		33:35	10:49
62	2/4	253	Shae Loftus	13	F	Minneapolis	MN	33:45	10:52
63	17/21	288	Kelly Smith	29	F	Minneapolis	MN	33:47	10:53
64	5/8	264	Brandon Operana	27	M	Hopkins	MN	33:48	10:53
65	1/2	331	Bill Zimny	61	M	Woodbury		34:01	10:57
66	2/12	329	Heather Norton-Bower	43	F	Saint Paul	MN	34:43	11:11
67	1/7	487	Katie Norton-Bower	7	F	Saint Paul	MN	34:43	11:11
68	4/4	267	Samuel Pred	50	M	Minneapolis	MN	34:43	11:11
69	7/7	219	Edward Cortez	13	M	Minneapolis	MN	34:43	11:11
70	2/7	332	Catherine Hooley	11	F	St. Paul		34:57	11:15
71	6/6	333	Mark Hooley	49	M	St. Paul		35:02	11:17
72	6/11	254	Tamrha Mangelsen	54	F	Clayton	WI	35:09	11:19
73	7/11	260	Katie Nadeau	51	F	Saint Paul	MN	35:11	11:20
74	8/17	263	Charissa O'Neill	39	F	Minneapolis	MN	35:14	11:21
75	3/12	213	Tammy Brunotte	40	F	Cottage Grove	MN	35:30	11:26

Place	Div/Tot	No.	Name	Age	Sex	City	St	Time	Pace
76	6/8	303	Austin White	27	M	St. Paul	MN	35:38	11:28
77	7/8	300	Nate Warner	26	M	St Paul	MN	35:56	11:34
78	2/2	209	Merlin Bicking	62	M	Woodbury	MN	36:03	11:36
79	4/12	210	Sarah Bokenewicz	41	F	Mayer	MN	36:26	11:44
80	9/17	346	Marcy Berenato	39	F	Saint Paul		38:17	12:20
81	5/12	308	Sue Wille	49	F	Roberts	WI	38:37	12:26
82	8/11	341	Mary Bolla	54	F	Minneapolis		38:51	12:31
83	4/7	343	Thao Boonkoon	12	M	Minneapolis		38:52	12:31
84	10/12	282	Trevor Sass	35	M	North Branch	MN	39:24	12:41
85	6/12	244	Patrice Kazmierczak	42	F	Plymouth	MN	40:22	13:00
86	10/17	323	Kelly Simon	32	F	St. Paul		41:14	13:17
87	18/21	215	Kayleen Carlson	22	F	Osceola	WI	42:00	13:31
88	19/21	216	Kristina Carlson	27	F	Wyoming	MN	42:00	13:31
89	11/17	211	Lindsey Book	34	F	Lakeville	MN	42:05	13:33
90	7/12	250	Michelle Larson	43	F	Lakeville	MN	42:05	13:33
91	12/17	274	Debbie Rivers	39	F	Loretto	MN	42:44	13:46
92	9/11	255	Teresa McDill	57	F	Saint Paul	MN	43:10	13:54
93	3/7	319	Ramiah Mosley	9	F	Minneapolis		43:40	14:04
94	20/21	204	Maya Alaridi	25	F	Minneapolis	MN	43:40	14:04
95	3/4	315	Abigail Drach	19	F	Eden Prairie		43:41	14:04
96	8/12	338	Margaret Kaplan	43	F	St. Paul		44:04	14:11
97	11/12	287	Rick Segal	38	M	Ramsey	MN	44:16	14:15
98	4/7	286	Melody Segal	9	F	Anoka	MN	44:17	14:16
99	10/11	295	Anne Van Bruggen	50	F	New Brighton	MN	44:32	14:20
100	11/11	231	Connie Hecker	53	F	Ham Lake	MN	44:48	14:25
101	8/8	290	Carl Swanson	22	M	Minneapolis	MN	45:13	14:33
102	5/7	280	Jaden Ruzin	12	M	Minneapolis	MN	45:13	14:33
103	13/17	293	Tana Thompson	35	F	Forest Lake	MN	45:18	14:35
104	14/17	294	Alyson Titus	33	F	Lakeville	MN	45:52	14:46
105	1/2	271	Dena Reiners	60	F	Burnsville	MN	45:54	14:47
106	6/7	317	Tommie Gilkey	10	M	Minneapolis		46:33	14:59
107	9/12	305	Amy Wilhelm	43	F	Joice	IA	47:22	15:15
108	4/4	307	Mallory Wilhelm	16	F	Joice	IA	47:22	15:15
109	7/7	285	Daniel Schuster	7	M	Brooklyn Park	MN	48:22	15:35
110	15/17	318	Caitlin Gregg	35	F	Minneapolis		49:11	15:50
111	5/7	325	Nakita Smith	10	F	Minneapolis		49:11	15:50
112	16/17	309	Bobbi Wolff	37	F	Brooklyn Park	MN	52:54	17:02
113	6/7	326	Jakeylah Thomas	9	F	Minneapolis		53:08	17:07
114	7/7	314	Kenyuna Cooper	11	F	Minneapolis		54:30	17:33
115	2/2	249	Randi Lafleur	60	F	New Brighton	MN	56:42	18:15
116	1/1	304	Gervaise Wilhelm	73	F	Crossake,	MN	56:43	18:16
117	10/12	276	Sheila Roering	42	F	Crystal	MN	58:12	18:44
118	11/12	261	Bethany Nelson	40	F	Eden Prairie	MN	58:12	18:44
119	21/21	237	Kelley Hessler	26	F	Saint Cloud	MN	59:13	19:04
120	12/12	236	Heather Hessler	40	F	Excelsior	MN	59:13	19:04
121	12/12	235	David Hessler	39	M	Woodbury	MN	1:03:33	20:28
122	17/17	247	June Krienk	35	F	Woodbury	MN	1:03:34	20:28

Results by Endurance Promotions -- <http://www.EndurancePromotions.com>