## BEGINNER CRITERIUM CLINIC FOR FTWNB RIDERS

At Machinery Hill Crit Night 1

TUESDAY, APRIL 16 4.30-5.30PM

MEET AT REGISTRATION

STATE FAIR. RANDALL & UNDERWOOD

FREE & NO PRE=REGISTRATION

LEARN ABOUT CRIT FORMAT & RULES

PRACTICE SAFE RACING

INSTRUCTION AND MENTORSHIP FROM

TRIPLE C COACHING & SRC

EMAIL WITH QUESTIONS
TRIPLECCOACHING@GMAIL.COM

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ENDURANCE PROMOTIONS \* MINNESOTA CYCLING
FEDERATION